



# Lifeguard Training



Lehi Legacy Center  
123 N Center St.  
801-768-7124

## LEHI LEGACY CENTER LIFEGUARD TRAINING April 2015

*Become American Red Cross Lifeguard Certified!*

Do you want to become a lifeguard?  
Come sign up to take the course.

Course pre-requisites: 1. Must be at least 15 years old by the last day of class. 2. Must pass the pretest on the first day of class. The pretest is a 300 yard swim (100 yards freestyle/front crawl, 100 yards breaststroke, 100 yards freestyle or breaststroke), 25 yard swim to deep



end to retrieve a 10 lb. brick and swim back to shallow end, and tread water adequately for 2 minutes. Lifeguarding, First Aid, CPR and AED Certifications included in the class.

### CLASS

April 13, 14, 15, 16, 17,  
20, 21, 22, 23, 24



### ×QUICK FACTS

What ..... Lifeguard Training  
Where ..... Lehi Legacy Center Pool  
Who ..... Anyone 15yrs or Older  
When ..... April 13, 14, 15, 16, 17, 20, 21, 22, 23, 24 (5:30-9:30pm)  
Fees..... \$160 (Mask Included, \$10 non-refundable fee for pretest.)

### REGISTRATION

Class space is limited, sign up now!

Registration Office open Mon-Fri 8am-6pm or on-line @[www.lehi-ut.gov](http://www.lehi-ut.gov)

### INFORMATION

For more information contact Legacy front desk @ 801-768-7124

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Post until 4/12/15